

**LEHIGH VALLEY INTERSCHOLASTIC ATHLETIC CONFERENCE
SPRING ALL STARS**

2009-2010

BASEBALL ALL-STARS

Pitcher: Colin Gotzon, Liberty

Catcher: Justin Pacchioli, Easton

First Base: Tyler Brong, Liberty

Second Base: Alex Longernecker, Bethlehem Catholic

Third Base: Pat Bet, Whitehall

Connor Faust, Central Catholic

Shortstop: Matt Bahnick, Bethlehem Catholic

Outfield: Andy Brandstetter, Parkland

Brandon Wilt, Emmaus

Joe Connell, Bethlehem Catholic

Designated

Hitter: Ben Johnson, Emmaus

Utility Player: Casey Cooperman, Parkland

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the Carm LaDuca,

Year: Easton

BOYS LACROSSE ALL-STARS

MVP: Mike Bender, Emmaus

Attack:

Kurt Kaunas, Parkland

Will Scott, Emmaus

Adam Wydra, Central Catholic

Chris Varela, Easton

Midfield:

Dan Kinek, Emmaus

Tate Klidonas, Emmaus

Defense:

Ty Souders, Emmaus

Ben Sampson, Emmaus

Brian Topper, Central Catholic

Patrick Murphy, Easton

GIRLS SOCCER ALL-STARS

^ All-State Nominees

^ Kayla Cunningham, Whitehall (MVP)

Lauren Kreglow, Central Catholic

Casey Hollawell, Central Catholic

Alyssa Finelli, Easton

Taylor Millheim, Emmaus

Ali Brosky, Emmaus

Kaity Dychala, Emmaus

Katie Sales, Nazareth

Katie Pitsko, Nazareth

Cassandra Denger, Nazareth

Katy Fexa, Parkland

^ Tara Huber, Parkland

Emily Schneider, Parkland

Keeper: Steph Vargas, Central Catholic

Coach of the

Year: Al Haddad, Parkland

SOFTBALL ALL-STARS

Pitcher: Kayla Kresley, Emmaus

Catcher: Alex Cowell, Northampton

First Base: Hilary Dilsaver, Nazareth

Second Base: Megan Hull, Nazareth

Third Base: Sam Cabrera, Freedom

Shortstop: Sarah Raysley, Easton
Outfield: Dior George, Liberty
Lindsey Mastro, Nazareth
Melissa Cottone, Parkland
Utility Player: Morgan Calabrese, Nazareth
Designated
Player: Sami Ashley, Emmaus

BOYS TENNIS ALL-STARS

Akshay Damany, Emmaus
Egor Ivanov,
Parkland
Nenyi Micah, Allen
Libario Obeid, Central Catholic
Andrew Wolff,
Easton
Chris Conrad,
Liberty
Sean Devine,
Parkland
Chris Shen,
Emmaus
Soham Sengupta, Freedom

BOYS TRACK ALL-STARS

100 Meters Andre Williams, Parkland
200 Meters Matthew Haas, Parkland
400 Meters Christian Malone, Whitehall
800 Meters Steven Leonhardt, Whitehall
1600 Meters Steven Leonhardt, Whitehall
3200 Meters Matt Kacyon, Whitehall
David Strauss, Parkland
4x100Meter Parkland (Rico Goldstone, Matthew Haas,

Relay
Andre Williams, Andrew Szewczak)

4x400 Meter
Relay Parkland (Rico Goldstone, Matthew Haas,
Steven Werley, Andrew Szewczak)

4x800 Meter
Relay Parkland (Steven Werley, Nicholas Tacca,
Austin Semmel, Ben Yonak)

110 Meter
Hurdles Andre Williams, Parkland

300 Meter
Hurdles Jason Solensky, Parkland

Shot Put Justin Kulhamer, Northampton

Discus Andy Cook, Emmaus

Javelin Tyler Bauer, Northampton

Long Jump Rico Goldstone, Parkland

Triple Jump Adam Bridgeforth, Nazareth

High Jump Jon Hendershot, Nazareth

Pole Vault Andrew Beers, Whitehall

GIRLS TRACK ALL-STARS

100 Meters Danielle Smith, Whitehall

200 Meters Danielle Smith, Whitehall

400 Meters Kenesha Brown, Easton

800 Meters Hannah Fuller, Nazareth

1600 Meters Amy Darlington, Liberty

3200 Meters Amanda Faust, Emmaus

4x100Meter
Relay Whitehall (Kelsey Gregory, Danielle Smith,
Brooke Hamscher, Erinn Bonshak)

4x400 Meter
Relay Easton (Elizabeth Walker, Damirah Graham,
Kenesha Brown, Kianna Farrar)

4x800 Meter
Relay Beca (Sara Braun, Annie Aaroe,

Rachel Balogh, Jenny Schadt)
Liberty (Julie Horwath, Jess Cygan,
Amy Darlington, Lauren Gonzalez)

100 Meter
Hurdles Dominique Best, Allen
300 Meter
Hurdles Dominique Best, Allen
Shot Put Erinne Schmalzer, Whitehall
Discus Courtney Sniscak, Parkland
Javelin Kyana Villalobos, Emmaus
Long Jump Dominique Best, Allen
Triple Jump Jasmine Robinson, Liberty
High Jump Lindsey Stitzer, Nazareth
Pole Vault Brooke Hamscher, Whitehall

BOYS VOLLEYBALL ALL-STARS

MVP: Andy Buss, Parkland
Mike Stianche, Bethlehem Catholic
Zach Whitermore, Whitehall
Alex Fortna, Whitehall
Chris Zumberge, Parkalnd
Travis Minter, Emmaus
Brian Wu, Freedom